

BRITISH STAMMERING ASSOCIATION SCOTLAND

EDINBURGH OPEN DAY

Saturday, 19 March 2011, The Melting Pot

Elective Workshops (provisional)

Speaking Circle

Jan Anderson

Speaking circles were developed by Lee Glickstein to help people to become natural powerful presences in front of an audience. If you've never experienced a speaking circle before, come along and see what all the fuss is about! You will be in the capable hands of Jan Anderson who has facilitated many speaking circles over the years.

Students in further and higher education who stammer

tbc

How do you deal with contributing to tutorials? How do you approach your personal tutor/director of study to ask for help? What do you do when given the task of presenting to a group of your fellow students when you have spent all your time trying to hide your stammer?

These and other questions will be addressed in this workshop, specifically aimed at students. Moving into college and university can be a very tough time for young people who stammer and for mature students alike. This workshop will be able to offer advice and information on how to deal with potentially very tricky situations and will point you in general terms to places where you might find extra support.

Self help groups: Why bother?

Members of the Edinburgh Stammering Association management committee

What exactly happens at a self help group? What's in it for me? Just how exactly does it help me to manage my stammering? Come and listen to present and past members of the local Edinburgh self help group explain what goes on at meetings and how being involved with the group has helped them learn more about stammering.

Because I have a voice: discussion on the issues raised by 'The King's Speech'

Norbert Lieckfeldt

It seems the world and her husband has seen 'The King's Speech'. Cinemas have been packed out and applause has rung around the auditorium at the film's conclusion. Critics have raved about it and the various prize giving organisations are heaping statues and trophies of one sort or another on Colin Firth. Come along and

share your thoughts, opinions and perspectives on a film which is breaking box office records and re-writing the book on dramatic representations of stammering.

OutSpoken - Danny's Story

Jan Anderson (tbc)

This DVD emerged from a major joint project between BSA Scotland and TAG Citizens Theatre. The project started in 2007 with the establishment of a group of young people who stammer meeting to explore the benefits of drama for developing confidence and communication skills. It culminated with the play touring selected secondary schools in the spring of 2009.

The drama describes the experience of Danny, a pupil in his first year of secondary school who stammers, and involves three actors who each play a variety of roles. The play is fast moving, comic and at times larger than life; we see the world through Danny's eyes. It also deals with serious issues common to children and young people: acceptance, individuality, being different, trying to fit in, bullying. It will be of interest to teachers, speech and language therapists, parents and young people who stammer alike. The DVD is also available to purchase via the BSA website.

Stammering in the workplace: What's the best approach?

Gary Clark

What is the best way to handle stammering in your office, factory or call centre? Hide it and hope no-one notices? Be open about it and ask for reasonable adjustments to be made? What about your workmates, other colleagues, line manager and customers – how will they respond? What about asserting your rights under the new Equality Act?

Whatever your experiences of stammering as a member of the workforce, come and discuss these and many other important issues with Gary Clark: person who stammers, postal worker and active member of the Communication Workers' Union.

Telling fellow workers and/or your supervisor about the issues you face because of stammering can seem very daunting, especially if they are initially unsympathetic. Good, solid, clear, concise information is the best way you can protect yourself against discrimination. Learning how others have approached this difficult topic may help you to reach a decision about the best way forward for you.

Subject to change