

MY

S T O R Y

1	Gave a speech to more than 500 people	Was interviewed for a newspaper story	Told a stranger I stuttered before he/she knew it	Attended speech therapy	Can change the way I stutter most of the time
2	Thought another stutterer was making fun of me	Took a speech-language pathology class on stuttering	Stuttered on purpose (voluntary stuttering) to a stranger in the past week	Worked as a sales person in a store	Been in a play with a speaking part
3	Was afraid that another stutterer would think I was making fun of him/her	Worked as a telemarketer	Am attending a self-help group	Ran for a political office	Stood up for myself when I was being treated badly because of my stuttering
4	Got a major promotion in the last few years	Answered the phone for a telethon, political campaign, or other similar event	Attended five or more stuttering conferences	Had someone actually laugh at me for my stuttering in the past year	Gave a speech or talk about stuttering
5	Started or lead a self-help group for other stutterers	Left a message on my answering machine or voice mail with stuttering	Ordered for myself and at least three other people at a restaurant	Been hit, slapped, or physically punished for my stuttering	Have a child or parent who stutters/stuttered