

## **Basic facts about stammering**

The aim of the SPEaking OUt Team is to work together towards "A World that Understands Stammering".

It is good, and liberating for us to make known the facts, including the following:

- Stammering affects 5% of all children and 1% of all adults across all cultures in the world, and as far as we know it always has done
- Stammering affects many more males than females
- Stammering is not due to being weak-minded or congenitally shy. It is no-one's "fault". Current research points to features of the "wiring" of the brain.
- Stammering often disappears spontaneously in early childhood. It can often be corrected by early intervention when it does not.
- Stammering in adulthood generally persists throughout life, but can usually be greatly alleviated. People who stammer are often good communicators.

See <http://www.stammering.org/generalinfo.html> for a much more detailed account.